

Institute for Integrative Psychotherapy and Counselling, Ljubljana is inviting you to
the international psychotherapy workshop

Psychotherapy of Habitual Worrying, Obsessing, and Repetitive Fantasizing

with
Richard G. Erskine, Ph.D.

*June 17, 18 & 19, 2016
Ljubljana, Slovenia*

We are inviting you to a 3-day workshop titled **Psychotherapy of Habitual Worrying, Obsessing, and Repetitive Fantasizing** led by **Richard G. Erskine**, one of the founders of integrative psychotherapy.

Through lectures, case discussions, and live demonstrations Dr. Erskine will present a six point treatment plan for the psychotherapy of clients who engage in obsession, habitual worrying, and repetitive fantasizing. We will explore the psychological functions, script beliefs, processes of avoidance, archaic experiences, relational-needs, and self-responsibility that are the internal dimensions of obsessing, habitual worrying, and repetitive fantasizing. The methods of cognitive understanding, behavioral change, affective expression, and a relational psychotherapy will be applied in the treatment planning. An opportunity will be available for case discussion and supervision.

Working methods: lectures, case discussions, and live demonstrations, clinical studies discussions and supervision.

The workshop is intended for people who are:

- working as psychotherapists and/or counsellors,
- involved in training in psychotherapy.

After the workshop the participants receive a certificate of attendance. The hours of training are recognized within international training of integrative psychotherapy and transactional analysis.

The workshop will be held in **English**.

ABOUT RICHARD G. ERSKINE, Ph.D.:



Richard G. Erskine, Ph.D., Training Director at the Institute for Integrative Psychotherapy, is a clinical psychologist with four decades of experience in the clinical practice and teaching of psychotherapy. He has specialized in the treatment of severely disturbed children, run a therapeutic community in a maximum security prison, and conducted a psychotherapy practice specializing in the treatment of obsession, dissociation, and schizoid processes.

In 1972, as a professor at the University of Illinois, Dr. Erskine developed the initial concepts of Integrative Psychotherapy. By 1976 he established the Institute for Integrative Psychotherapy in New York City and, along with members of the Professional Development Seminars, continued the development, research and refinement of a relational and integrative psychotherapy. Each year Dr. Erskine teaches formal courses and experiential workshops on the theory and methods in several countries around the world. He is a licensed Psychoanalyst, certified Transactional Analyst, internationally recognized Gestalt Therapist, and a certified Group Psychotherapist. He is the author of five books and numerous articles on the practice of psychotherapy.

For more about the lecturer see website: www.integrativetherapy.com.

WHERE AND WHEN?

The workshop will begin on **Friday, 17.6. at 9:30 am** and end on **Sunday, 19.6.2016 at 17.30**. It will take place in **Ljubljana, Slovenia**. The exact location will be announced soon.

REGISTRATION AND WORKSHOP PRICES:

- Early bird fee (until February, 15, 2016): **685 EUR**
- Full workshop fee: 830 EUR

In case of cancellation of your registration by 15.4. the half of the amount paid can be returned. At a later termination the payment is not refundable, but with agreement, someone else can attend the workshop instead of you.

Payments should be made by bank transfer:

Beneficiary	Bank details:
Account number (IBAN): SI56 0203 2025 4270 905 Name: Institut IPSA Address: Zgornje Gameljne 55a City: 1211 Ljubljana-Smartno Country: Slovenia	Swift/BIC: LJBASI2X Name: Nova Ljubljanska banka d.d. Address: Trg republike 2 City: 1520 Ljubljana Country: Slovenia

For registration, please send e-mail to our registrar Melita Košak:

admin@institut-ipsa.si. Please include the following data: *Name, professional title, contact address, e-mail, phone number*.

For more info call 00386 1511 10 29 or 00386 41 232 654.

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